

## WALK NO 5

### BIGBURY-ON-SEA — CHALLABOROUGH - RINGMORE

(Incorporating Public Footpaths numbers 12, 7, and 10)

Distance: Approx 3¾miles Grading: Moderate

Time: Approx 1½hours

*This skirts outside our Parish linking up with Ringmore footpaths to create a pleasant circular walk from Bigbury-on-Sea. The walk takes in some coast path walking with magnificent views. Whilst there are some steep ups and downs it is not too difficult.*

The walk starts from the Bigbury-on-Sea car park, where a fingerpost directs you across the Warren to Challaborough. Proceed along the Warren exiting it at the end onto Marine Drive. Turning left at this point continue up Marine Drive until reaching the track that descends the cliff to Challaborough. On reaching the beach, cross in front of



COTTAGE  
AT RINGMORE

Haven Holiday Caravans bearing left to a small car park. In the corner of this car park is a fingerpost directing you up the cliff. Take this well-marked path, which is the official coast path, and ascend to Toby's Point. On a clear day the views are excellent in all directions along this stretch. Care should be taken on this coast path and I recommend that should you see any footpath diversions, do take them, they have been sited at points where erosion has taken place and it is better to be safe than sorry.

After Toby's Point the path descends the cliff to Arymer Cove, again take care as it can be very slippery when wet. On reaching the foot of the cliff take the footpath immediately on your RHS. This pleasant route ascends gradually along a path, which has a canopy of trees for most of its length. The path eventually bears to the right for a few yards before turning left again. Proceed along the path and on reaching a gate immediately in front of you, which directs you to Ringmore, turn right and proceed through a field, keeping the hedge to your left, until reaching the NT car park. Keeping to the LHS cross the car park and on reaching the end of it turn left and proceed along the track until reaching the road into Ringmore. Continue along the road for a short distance passing cottages on your LHS and a row of houses on your RHS.

Keeping the field fence to your right, descend towards the wood. On leaving the field path, a well-marked path now zig-zags down through the wood before reaching the floor of the valley.

After proceeding along the path through a small gate a rough track is reached which finally joins a tarmac road to Ringmore.

After approximately 150 yards you will find a fingerpost on your right-hand side adjacent to a garage. Turn right at this point descending between some trees and after crossing a wooden walkway you will arrive at Ringmore. At this point you may wish to refresh yourself at the Journey's End Inn before continuing with the last lap.

The path now zig-zags up a small hill to a seat at the top, but do take care as the steps have been hewn out of the rock and can be very slippery.



PATH FROM RINGMORE

(If you wish to avoid this, proceed along the tarmac road towards the Journey's End Inn and turn right to climb the hill to the seat).

It is worth stopping a short while here to take in the view down the valley to the sea. Proceed up the tarmac road passing some charming thatched cottages and on reaching the T-junction turn right and return to the National Trust car park.